

Hope Children's Fund
&
Shoreham Wading River H.S. Global Club
Proudly present the
6th Annual
Bi-Continental Cross Country 5k Run/Walk
Sunday, April 25th, 2010 at 9:00 AM
Shoreham, NY

*Race To Be Held Simultaneously In
Meru, Kenya & Shoreham, Long Island*

Hope Children's Fund, Ltd. is a Long Island based Not-For-Profit, dedicated to assisting AIDS-affected "Street Children" in Kenya. Since 2002, over \$154,000 has been raised in the USA, resulting in a dormitory and dining hall being constructed with room for 60 children. A Manual Training Centre is being built to meet the needs of the older children. Ongoing funds are required to provide for the basic needs of the children and to pay salaries of support staff.

This event is open to everyone, the serious and not so serious competitors- runners and walkers alike. All donations gladly accepted.

For the serious runner, Kenyan participants will start out at the same time as you, seven time zones away. How do you match up? This is your chance to find out.

Site and Directions: LI Expressway Exit 68; North to Route 25-A; East to Shoreham Wading River High School **on right**. Race/Walk begins and finishes on the H.S. running track.

Facilities: Bathrooms available.

Course: Easy to run 5 km course on the SWR track, grass, and trails behind SWR H.S. 1 mile course on SWR track.

Eligibility: Open to all.

Registration: Closes at 8:30 AM.

Entry Fee: \$25.00, post entries gladly accepted. Proceeds go to Hope Children's Fund. Make checks payable to **S.W.R.C.S.D.**
(All donations tax deductible to fullest extent of the law.)

Awards: T-shirts to first 100 registered. Medals awarded to top 200 finishers.

Race Directors: Larry Hohler (631-473-1662) & Kevin Mann (631-821-8184) Fax: 631-724-3252. Visit www.hopechildrensfund.org for more info.

6th Annual Bi-Continental Run

Sunday, April 25, 2010

Shoreham Wading River High School, 250 Route 25A, Shoreham

Races: 5 k Run/Walk: Starts and finishes on the High School track and goes through the X-country trails. All ages start at the same time.

Awards: Top 200 runners will receive medals. T-shirts to first 100 registered.

Registration Form

Name: _____ Male () Female ()

Address: _____

Email: _____

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, for my heirs, executors and administrators, waive and release any and all rights and claims for damages I might have against Hope Children's Fund, Ltd. and the Shoreham Wading River School District and all sponsors, media representatives, and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a runner or walker and that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all of the forgoing to use any photographs, videotapes, motion pictures, or any record of this event for any legitimate purpose.

Signature: (parent if under age 18 years) _____

T-Shirt Size: (circle one) S M LG XL

Entry Fee: \$25

Make Checks Payable to:
SWRCSD

Mail Checks to: Shoreham Wading River High School
% Global Awareness Club
250 Route 25A
Shoreham, NY 11786